

## Workshops with students

### I. Dance and Draw

- A. Purpose: To feel and express the movement in a still shape.
- B. Objectives:
  - 1) Students will express a movement quality by moving or drawing
  - 2) Students will create shapes that expresses a movement quality
  - 3) Students will draw shapes in lines that express the same movement quality.
- C. Activities:
  - 1) Divide the class in half/ movers and “drawers”
  - 2) Discuss movement qualities and ask for examples from the class. Show pictures of various qualities of line: rough/smooth, broken/flowing, explosive/sustained etc .
  - 3) Practice moving and freezing to different pieces of music.
  - 4) Give students a movement quality to express, play the music that matches this quality, and ask them to move, then freeze in a shape for 1 minute sustaining the feeling of the movement.
  - 5) The “drawers” do a one-minute sketch in lines that match the mood.
  - 6) Switch groups.
- D. Evaluation: Students will discuss the process and how they could create a dance or a drawing from these shapes and sketches.

### II. Repertory Workshops

- A. Purpose: To learn a phrase/dance from historical Modern Dance Repertory
- B. Objectives:
  - 1) To understand the principles of movement of a specific choreographer
  - 2) To apply his/her principles of movement
  - 3) To learn and perform movement created by a famous choreographer using their intended principles of movement
- C. Activities
  - 1) Students will learn about the choreographer’s life and times
  - 2) Students will warm up using movement that could have been done in this choreographer’s class.
  - 3) Students will learn the choreographers dance or phrase using the principles emphasized by this artist.
  - 4) Students will perform the dance or phrase in groups.
- D. Evaluation: How do these principles of movement enhance your dancing?  
How can you use these when you take your dance classes or when you choreograph?

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